



# "A Customer First Company"

## October 2015

### Welcome to the October 2015 Edition of "On the Move"

#### Preventing Tire Blowouts on 15 Passenger Vans



Van tire safety awareness is critical when driving 15 passenger vans. Vehicle maintenance, specifically tire inflation, has been shown to be a significant contributor in rear tire blowout. Fatal rollovers are most likely to involve tire failures. Tire blowouts can cause loss of control of a vehicle and result in these types of rollovers.

Before every trip, drivers should check their van's tires for proper inflation as well as making sure there are no signs of wear or damage. You can locate correct tire size and inflation pressure information in the vehicle's owner's manual. It is important to note that many 15 passenger vans may have extremely different tire pressure recommendations for front versus rear tires. It is important for operators to pay close attention to the manual's pressure requirements.

If you do experience a tire blowout here are some safety tips to keep in mind.

- Keep both hands on the steering wheel.
- Remain calm, do not panic.
- Avoid slamming on the brakes.
- Remove your foot from the gas pedal and continue to maneuver the van with the steering wheel. The van will eventually slow down and you can then try to brake gently to a stop.
- Avoid panic-like steering. Many rollovers occur when drivers try to

overcorrect their steering as a panic reaction. If you are traveling at highway speeds, overcorrecting or excessive steering can cause you to lose control, and force the vehicle to slide sideways and roll over.

- If your van does go off of the road, gradually reduce your speed. Then when you are able and feel it is safe, ease the van back onto the roadway.

Finally, in addition to tire safety awareness there are other actions van occupants can do in order to have a safe trip.

- Remember 15 passenger vans do not respond like cars so you have to avoid abrupt steering maneuvers.
- Vans require more space and additional reliance on side mirrors when changing lanes.
- Passengers should sit as far towards the front as they can when loading a van to avoid an uneven weight distribution.

#### Sources:

<http://www.safercar.gov/Vehicle+Shoppers/Rollover/Tire+Pressure+and+Loading+Limits>  
<http://www.mooreandjohnson.com/blog/dont-rollover-on-safety-when-it-comes-to-operating-a-15-passenger-van-by-eric-stevens.aspx>  
[http://www.nts.gov/safety/safety-alerts/Documents/SA\\_001.pdf](http://www.nts.gov/safety/safety-alerts/Documents/SA_001.pdf)

### New K&K Route to Washington, DC

Route: Ashland to Washington DC

#### Morning Schedule:

Depart: Ashland Home Depot - 5:00am

Arrive: Washington DC Farragut West Metro  
6:40am

Park at Farragut West Metro Station

#### Return Schedule:

Depart: Washington DC Farragut West Metro -  
4:00pm

Arrive: Ashland Home Depot - 5:45pm

For more information about this route contact Anita Anderson at [aanderson@ridek2k.com](mailto:aanderson@ridek2k.com).



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### Successful Commuting Habits that Can Boost Your Day

Commuting can have its advantages not only in cost savings at the pump but also in other areas of your life. Developing successful commuting habits can improve your day, your health, and productivity.



Here are some habits that successful commuters share:

- They set the day's goals – using time to set goals, and starting off with those that most inspire you, can lead to a more productive day.
- They make time for their own personal growth – instead of spending hours on social media, listen to an inspirational audio book. Ask yourself questions like what are things I want to accomplish? What are some things I can do now that I normally would not have time to do?
- They use their time to get smarter – you can enrich your mind by downloading university coursework or listening to college lectures online.
- They take time to work out the details of their life – use this time to prepare for an important presentation or to think through a difficult conversation you may need to have.
- They plan the night before for their morning – instead of sprinting out of the door each morning in a frazzled state you can take time the night before to plan for your morning. Take time at night to set up breakfast, pack lunches, get your work bag organized, pick out your outfits, and find your keys. If you leave feeling organized and calm, your commute will also run smoother.

- They seek inspiration from those around them – when commuting take time to listen and observe those around you. This can help to generate ideas that could help your work especially if you are a creative type of person. It also gives you an idea of what people are reading/wearing/listening that can help you with conversations and tips for breaking the ice with people.

Source: <http://www.rd.com/health/wellness/successful-people-think-commute/>

### K&K Connection October Birthdays

We would like to wish everyone born in October a special HAPPY BIRTHDAY!

Carmela Alfonso

Eboni Brown

Tonia Copeland

Angela Curtis

Kevin Dent

Arness Harris

Julian Holloman

Jill Jule

Tabitha Lorthridge

Robert Meredith

Phyllis Rose

Jerome Stanberry

Demetress Stringfield

Rebecca T aylor

William Zettler

Jennifer Ames

Elmer Clark

Jeffrey Curry

Joshua Delano

Teddy Dyer

Glen Hinton

Cecil Jones

Gerald Loney

Amber Mayes

Shavon Moore

Jeremy Serafin

Edward Struk

Laura Stuart

Andre Wilson

If we missed your birthday please let us know by emailing [owilliams@ridek2k.com](mailto:owilliams@ridek2k.com). Thank you!

### Welcome To K&K Connections

We would like to say a BIG welcome to all of our new riders for the month of October. We are so privileged that you have decided to make K&K your vanpool company of choice.

Visit us at: [www.ridek2k.com](http://www.ridek2k.com)

Or Contact us at: [info@ridek2k.com](mailto:info@ridek2k.com)

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