

"A Customer First Company"

November 2016



Welcome to the November 2016 Edition of "On the Move"

Tips for a Successful Commute

We all know that commuting takes a large portion of our day. It is important to not only have a safe commute but to find ways to use your commuting time wisely. Here are a couple of tips to help you have a successful commute:



Source: www.flickr.com

1. Don't continuously change lanes. Studies have shown that changing lanes generally won't make much of a difference and could put you at a greater risk of accidents.
2. Look ahead down the road. Safety guidelines recommend that you should look at least 12 seconds ahead of you when driving.
3. Keep your area organized. Having a clutter free vehicle will ensure that it's a nice place to spend a few hours every day, and it will help you find what you need, when you need it whether for work or to keep you busy while driving.
4. Learn different routes. Knowing how to take an alternate route can save you time and energy if there is an accident, inclement weather or just a huge traffic jam. Try mapping out a backup plan and keeping it in your vehicle.
5. Use the restroom before you go. While this may seem obvious, there are few things worse than being stuck in a traffic jam and needing to use the restroom. Prior to getting into your vehicle ensure you have visited the restroom.
6. Have respect for others on the road. Getting upset with other drivers only puts your safety at risk. Have respect for others, be polite, and courteous.
7. Value safety over time. Everyone wants to arrive at work on time. However, in the long run, being a few minutes late isn't worth risking your life by speeding or driving recklessly.
8. Adjust your mirrors. Before you start driving, adjust your mirrors to ensure maximum visibility.
9. Try to drive the speed limit. The speed limit is for our safety. Obeying it could mean a better commute and fewer traffic tickets.
10. Pay attention to driving, not anything else. Accidents, scenery, phones and other distractions can easily draw your attention from safe driving. Always know that driving should be your number one priority.

Source: <http://www.careeroverview.com/blog/2010/100-excellent-lifehacks-for-your-long-commute/>

Visit us at: www.ridek2k.com
Or Contact us at: info@ridek2k.com
PO Box 2010, Chester, VA 23831
Local: (804) 275-3872 Fax: (804) 275-3873



"A Customer First Company" November 2016

Distracted Driving While Wearing Headphones and Earbuds

The fact is that wearing earbuds or headphones while driving could increase your distraction level, potentially creating additional dangers on the roadways. In addition, distracted hearing could impair your level of concentration and stop you from hearing the sirens of approaching emergency vehicles, and background noise like horns or railroad warnings, putting you and others at risk.



Source: <https://ilic.kr/p/7xttA>

Va. Code § 46.2-1078 provides that, "[t] shall be unlawful for any person to operate a motor vehicle, bicycle, electric personal assistive mobility device, electric power-assisted bicycle, or moped on the highways in the Commonwealth while using earphones on or in both ears." [2] The statute defines "earphones" as "any device worn on or in both ears that converts electrical energy to sound waves or which impairs or hinders the person's ability to hear." The ban applies only to earphones used in both ears. Drivers in Virginia can use an earbud, headphone, or Bluetooth device in one ear only. There are several exemptions to this statute.

Drivers must understand that the choice to use headphones or earbuds while driving can create a hazard. It only takes an instant of distraction to cause a serious accident. Drivers should try to eliminate as many distractions as possible while operating a vehicle.

Sources: <http://www.allenandallen.com/blog/headphones-or-earbuds-while-driving-illegal-in-virginia.html>, <http://www.tmbucks.com/dangers-of-driving-with-headphones-and-earbuds/>

K&K Connection November Birthdays

We would like to wish everyone born in November a very special HAPPY BIRTHDAY!

Solomon Blevins	Lisa Earman
Barbee Broadnax	Phyllis Erkins
Christopher Bunting	Walter Cary
O'dell Greene, Jr.	Alex Guzman
Daniel Hand	Marcus Hathorn
Qiyenda Hill	Michael Hobson
Anthony Jackson	Kendall Manion
Cindy Norris	Pernell Owens
Melvin Washington	Tyler Parker
Herbert Sanderson	William Pedler
Michael Sebastian	Victoria Perry
Cedric Pugh	Leo Sharp
Monique Ribbon	Dejuana Scott
Donna Webb	

Welcome to K&K Connections

We would like to say a BIG welcome to all of our new riders for the month of November. We are so privileged that you have decided to make K&K your vanpool company of choice.

Visit us at: www.ridek2k.com
 Or Contact us at: info@ridek2k.com
 PO Box 2010, Chester, VA 23831
 Local: (804) 275-3872 Fax: (804) 275-3873