



"A Customer First Company" June 2009 Edition

Welcome to the June 09 Edition of "On the Move"

Texting While Driving After July 1 Will Be Against the Law.

Below is an excerpt from a DMV news release from Tuesday, June 2nd:

"RICHMOND - Virginians who send text messages or emails while driving after July 1 will be violating the law and will face a \$20 fine.

The Virginia Department of Motor Vehicles' (DMV) Virginia Highway Safety Office encourages motorists to avoid distractions, such as texting while driving. Last year, 28,395 crashes occurred in the Commonwealth involving driver distraction. Of those, 114 people died and 14,480 were injured.



The new law banning texting and emailing passed by the General Assembly has several exceptions including emergency vehicle operators, drivers reporting an emergency or a driver who is parked. Also, texting while driving is a secondary offense, meaning a law enforcement officer must have a different reason to stop or arrest the driver. The fine is \$20 for a first offense and \$50 for a second offense ..."

Information taken from:
<http://www.dmv.virginia.gov/webdoc/general/news/news.asp?id=5558>

10 Minute Check-Up for Safe Vacation Driving

According to carcare.org you can take a quick 10 minutes to ensure your vehicle is ready for long distance travel during the summer vacation season.

"In a very short amount of time, motorists can identify how road-ready their vehicle is and then take steps to have the problems fixed before heading out for vacation," said Rich White, executive director, Car Care Council. "It's a small sacrifice compared to the inconvenience and potential safety hazards of breaking down many miles away from home. Plus, if repairs or maintenance are needed, they can be done by a repair shop that knows you and your vehicle."

The 10-minute pre-trip checkup recommended by the council includes the following:

- Check all fluids, including engine oil, power steering and brake and transmission, as well as windshield washer solvent and antifreeze/coolant.
- Check the hoses and belts that can become cracked, brittle, frayed, loose, or show signs of excessive wear. These are critical to the proper functioning of the electrical system, air conditioning, power steering and the cooling system.
- Check the tires, including tire pressure and tread. Uneven wear indicates a need for wheel alignment. Tires should also be checked for bulges and bald spots.

The council also recommends that wipers and interior and exterior lighting on the vehicle be checked prior to a road trip, and that motorists restock their emergency kit. As a rule of thumb, wipers should be replaced every six months and lighting should be checked monthly.

To save on fuel costs during the trip, the council suggests that motorists avoid aggressive driving, observe the speed limit and avoid excessive idling. Gas caps that are damaged, loose or missing should be replaced to prevent gas from spilling or evaporating.

Information taken from <http://carcare.org/consumer-press-releases/2009/20090519>



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Virginia Department of Environmental Quality Air Quality Health Information

You can now receive air quality forecasts and health alerts by email using DEQcast, a new public information service. Visit <http://www.deq.virginia.gov/lists/> to subscribe to this list. As a commuter you help improve the air quality in our region. If you or someone you know is sensitive to the air quality we recommend you subscribe to this list and understand the Air Quality Index. The **Air Quality Index** is a measurement of air quality that is calculated from ozone and fine particle pollution measurements over the past few hours. A higher number indicates a higher level of air pollution, and a greater potential for health problems.

Below is a description of the Air Quality Index taken from <http://www.deq.virginia.gov/airquality/>

Level	Color	Description
**	White	Air quality information is unavailable.
0-50	Green	Good air quality. Little or no health risk.
51-100	Yellow	Moderate air quality. People who are unusually sensitive to air pollution may be mildly affected.
101-150	Orange	Unhealthy for sensitive groups. These groups may experience health problems due to air pollution.
151-200	Red	Unhealthy. The general public may experience mild health effects. Sensitive groups may have more serious health problems.
201-300	Purple	Very unhealthy. Everyone is susceptible to more serious health problems.

K&K Connections, LLC Safety Corner

According to a Virginia Tech Transportation Institute study, nearly 80% of crashes and 65% of near-crashes involve driver inattention within three seconds of the crash. Here are some tips to minimize distracted driving:

- Change your ways and recognize the activities that distract you, such as eating, conversing on the phone, or changing a CD.
 - Manage your time so that you do not have to multi-task or drive aggressively on the road.
 - Don't let your drive become your down time. Driving is not your "down time" or time to catch up on phone calls, personal grooming, or dining.
 - Scan the roadway to make sure that you are aware of others on the road at all times. Be prepared for the unpredictability of others.
 - Concentrate on your driving. Make sure that you are not upset or tired when getting on the road. This is not the time to have a serious or emotional conversation with your passengers.
 - Pull over if you need to do something that will take your eyes and/or mind off the road. Make sure that you find a safe place to pull over first.
- Source: <http://www.whsv.com/news/headlines/43807987.html>

We Would Like to Send a Very Special Birthday Greeting To:

Shakina Gilmore 15	Angela Williams
Ashley Nelson	Janet Walker
John DeJong	Martha Alston 16
Katrina Hunter 18	Samuel Dunn 5
Jeffrey Lee 5	Susan Greer 16
Roy George 8	Rhoan Jones 10
Cecil Atkinson 12	Lisa Hicks 18

Welcome To the K&K Family!

K&K Connections, LLC would like to welcome the following riders to the K&K Family. We are excited to have you with us!

Gomathy Narayanan	Brad Crosby
Tim Sterns	Kiran Peddu
Thomas Fenerty	S. Blevins
Troy F. Statton	Joel Reyes

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